







LEAP Meeting 29th July 2009 Athlete Information

Please contact the following if you have any queries:-

Nick Dakin Meeting Director +44 7855 365960 N.Dakin@lboro.ac.uk

Vicky Meikle Event Co-Ordinator +44 7979 487635

lan Anholm LSAC Performance Manager I.Anholm@lboro.ac.uk

<u>ADMISSION</u> – This is by way of hand stamp for accepted athletes, obtainable outside of the High PAC Building – Coaches can also gain admittance this way for £1 on production of the UKA Coaching License/Pass

REGISTRATION – This takes place in the Indoor athletics centre and you should register 75mins before your event.

FINAL CALL - is 20mins for track, 25mins for hurdles, 45mins for field events except Pole Vault which is 60mins. THIS IS LOCATED AT THE START OF THE INDOOR STRAIGHT -

FINAL START LISTS WILL BE GIVEN AT THE STADIUM

<u>WITHDRAWALS</u> - Should you no longer be able to attend LEAP have had your entry accepted, <u>please e-mail</u> Nick Dakin or Ian Anholm on contact given above <u>before the day itself</u>, or by phone if on the day of competition 29th.

THERAPY - There will be massage and physiotherapy available at the stadium from 1100am on the day of the competition.

PRIZE STRUTURE - €100 for all A event winners, €70 for all B event winners. Also €50 for meet record and €100 for EAP circuit record. Top 10 performance on Hungarian Pts Table will receive €300 - €200 - €140 - €120 - €100 - €90 - €80 - €70 - €60 - €50

Prize money will be distributed in the Indoor Centre Reception after each event